

LAWYERS HELPING LAWYERS

Finding Resources
Sharing Stories
Reducing Stigma of Healing
Together



AGENDA

Introduction

Bar Resources

Confidentiality

Stories

Questions/Discussion





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RESOURCES AT THE UTAH STATE BAR



PEER TO PEER
SUPPORT

<https://www.utahbar.org/member-services/lawyers-helping-lawyers/>



WELLNESS
PROGRAMS

<http://wellbeing.utahbar.org/>

Tava

THERAPY

Unmind

WELLNESS AP



UTAH RULES

Rule 1.01. Competence. "A lawyer shall provide competent representation to a client."

Comment 9. "Lawyers should be aware that their mental, emotional, and physical well-being may impact their ability to represent clients and, as such, is an important aspect of maintaining competence to practice law and compliance with the standards of professionalism and civility. Resources supporting lawyer well-being are available through the Utah State Bar."

Rule 14.301. Standards of Professionalism and Civility. Preamble. "A lawyer's conduct should be characterized at all times by personal courtesy and professional integrity in the fullest sense of those terms."



CONFIDENTIALITY

LHL falls under the protection of Rule 8.3 of the Utah Rules of Professional Conduct. What does that mean for you? Whether you're calling for yourself or asking for help for a colleague, we are bound and protected by Rule 8.3. That means what you say to LHL stays with LHL. Calling on behalf of a colleague who is in trouble also satisfies your requirement to report under the Rules of Professional Conduct.

SHARING STORIES

- TO REDUCE STIGMA
- TO CULTIVATE CULTURE OF HONESTY
- TO SHARE DIFFERENT METHODS OF HEALING
- TO LET PEERS KNOW THEY ARE NOT ALONE



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